

## MAINTENANCE GUIDE



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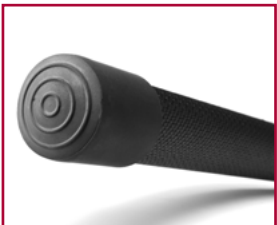
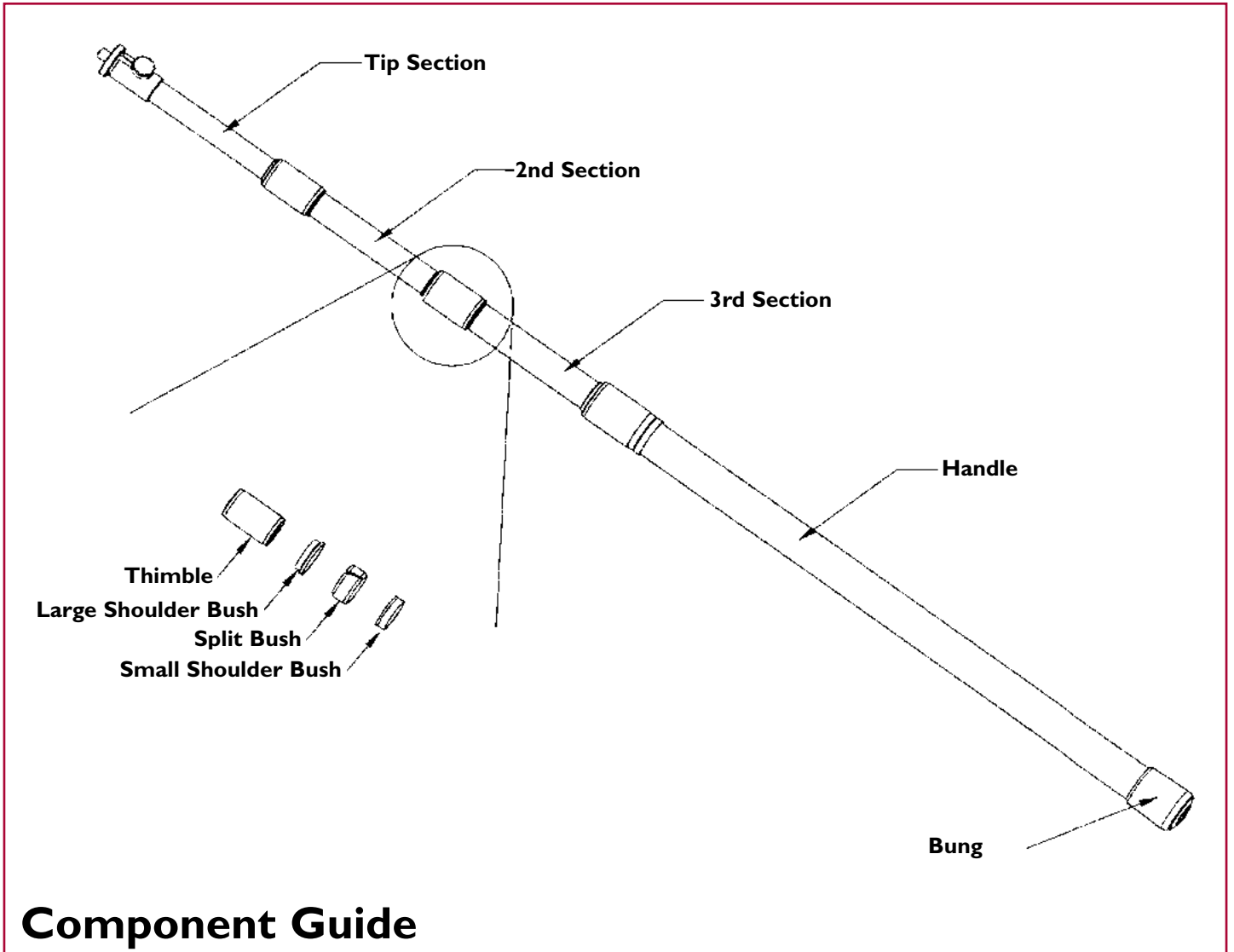
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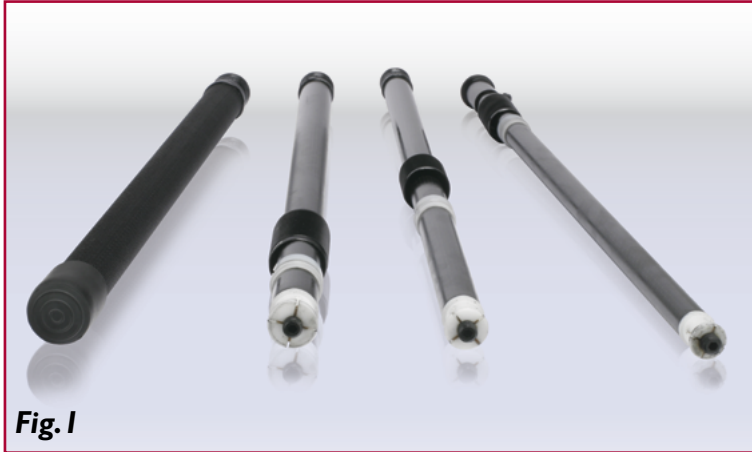
## 1.0 REPLACING AND ADJUSTING END STOPS

To carry out the service below we recommend customers use the Panamic Maintenance Kit (Part Code: 53-5850) which contains: Grease, Silicon Fluid and Allen Keys.

**1.1** Undo knurled thimble on each section and remove from mating section (see Fig.1).

Remove rubber bung from handle section.

NOTE: Rubber bungs on Panamic poles 53-5801 & 53-5802 unscrew. All other poles have pull off bungs.

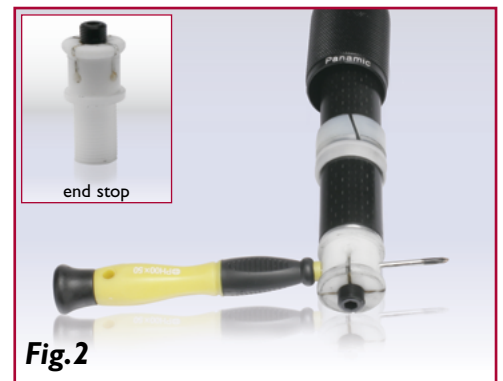


**1.2** Remove end stops from the bottom of each section.

To do this insert a small screw driver (or suitable tool) through the cross holes and unscrew (see Fig.2).

**Once the end stops have been removed, slide the knurled thimble, slotted bush & small shoulder bush to the top end of the pole to prevent them from sliding off the end.**

**NOTE:** if the poles are old, the end stops can seize in the inserts and they will then need to be machined out prior to the new end stops being fitted. This is an operation best carried out by our skilled staff.

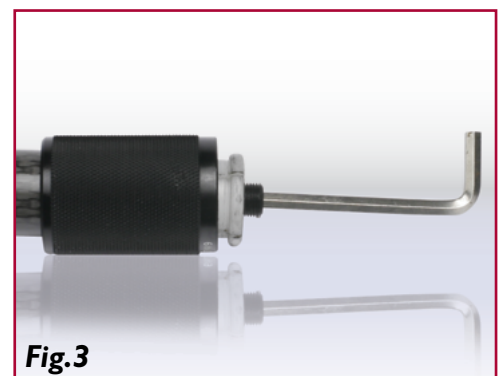


**1.3** Starting with the tip section, replace the end stop. To do this tighten by hand and then insert a small screw driver (or suitable tool) through the cross holes & lock up as tight as possible (see Fig.2).

**1.4** Wipe a small amount of silicon fluid over tip section & slide into mating part. Put a small amount of grease on the threaded end of the mating section and screw together with thimble on tip section; lock up then undo  $\frac{1}{4}$  of a turn.

**1.5** Using a 4mm (5/32") or 4.8mm (3/16") Allen key, (depending on age of pole) tighten grub screw by  $\frac{1}{4}$  of a turn at a time; test the sliding action with the mating section between each  $\frac{1}{4}$  turn until a nice smooth sliding action is achieved through the length of the tube. (see Fig.3 - the end stop is inside the end of mating part).

**NOTE:** Do not make sliding action too stiff as it will stiffen up more once the rubber bung is replaced.



**1.6** Continue by reassembling the end stop into the next consecutive section and following steps 1.4 & 1.5, until the whole pole has been reassembled.

**1.7** Replace rubber bung. Check again that the slide action is smooth for each section.

**1.8** If a section feels tight or gritty readjustment maybe required - wipe clean and follow steps 1.4 & 1.5.

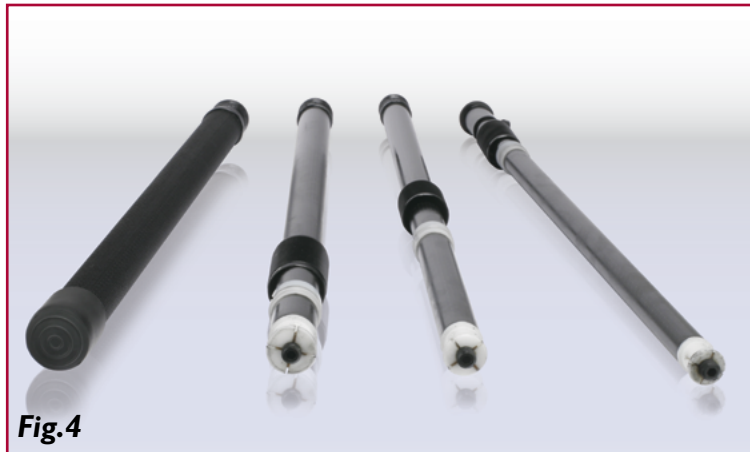
## 2.0 REPLACING THIMBLES AND BUSH SETS

To carry out the service below we recommend customers use the Panamic Maintenance Kit (Part Code: 53-5850) which contains: Grease, Silicon Fluid and Allen Keys.

**2.1** Undo knurled thimble on each section and remove from mating section (see Fig.4).

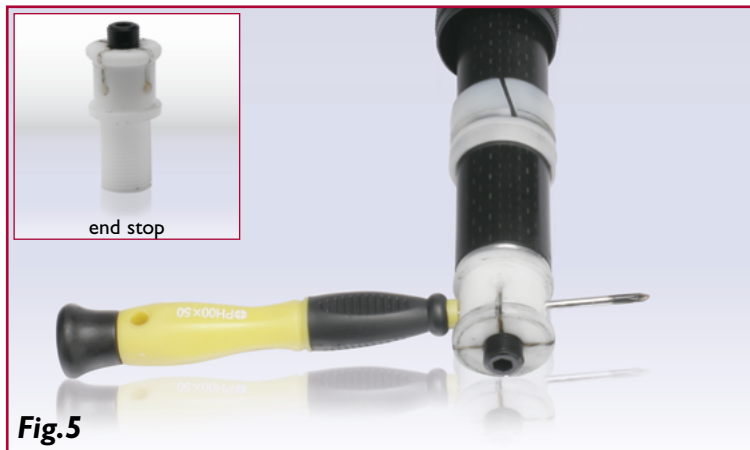
Remove rubber bung from handle section.

NOTE: Rubber bungs on Panamic poles 53-5801 & 53-5802 unscrew. All other poles have pull off bungs.



**2.2** Remove end stops from the bottom of each section; to do this insert a small screw driver (or suitable tool) through the cross holes and unscrew (see Fig.5).

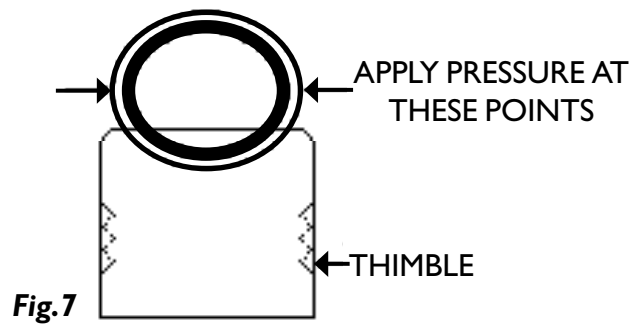
NOTE: if the poles are old, the end stops can seize in the inserts and they will then need to be machined out prior to the new end stops being fitted. This is an operation that is best carried out by our skilled staff.



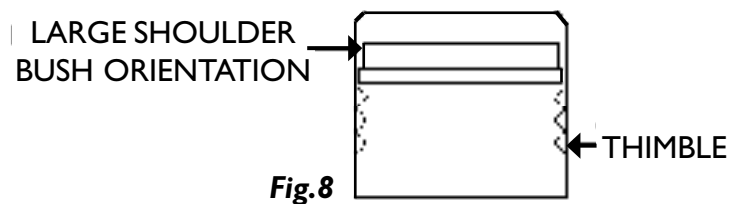
**2.3** The split bush and small shoulder bush will slide straight off the section; the large shoulder bush will need prising out of the top of the thimble with a small screwdriver (see Fig.6).  
**NOTE:** Keep each set of removed bushes together with mating thimble. This will allow comparison with the new bushes and thimble so that the correct parts are fitted to each section.



**2.4** To replace the large shoulder bush, press into top end of thimble (see Fig.7).



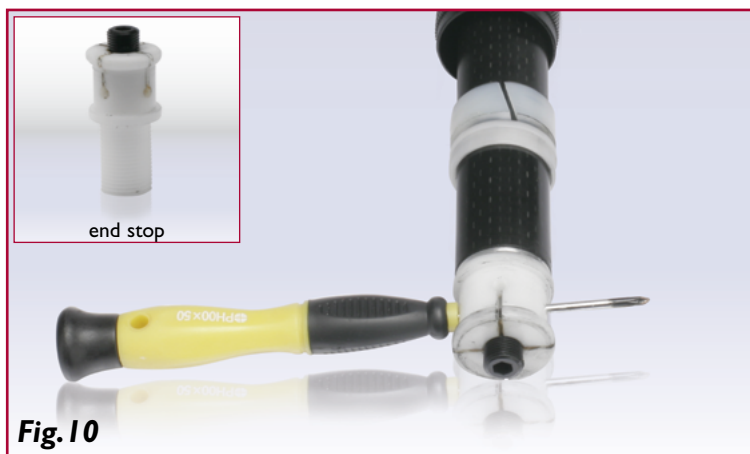
**2.5** Manipulate bush so that the raised shoulder sits on the thread inside the thimble (see Fig.8 for orientation).



**2.6** Slide thimble onto carbon fibre section then slide on slotted bush and small shoulder bush (see Fig.9 for orientation).

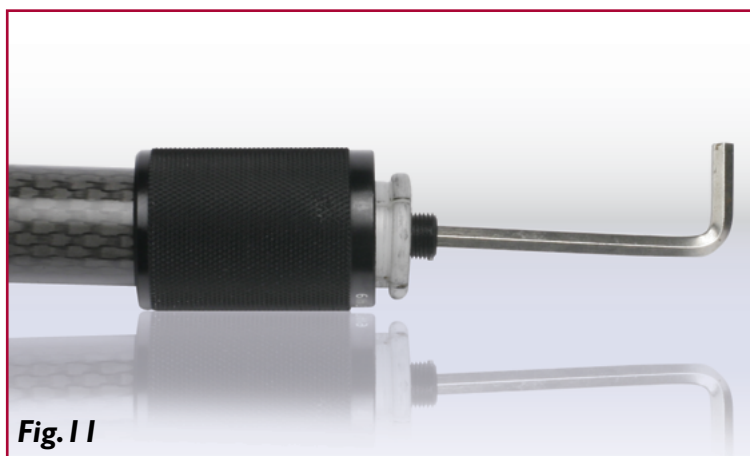


**2.7** Replace end stop; to do this tighten by hand and then insert a small screw driver (or suitable tool) through the cross holes and lock up as tight as possible (see Fig.10).



**2.8** Wipe a small amount of silicon fluid over tip section and slide into mating part (2nd section); put a small amount of grease on the threaded end of the mating section and screw together with thimble on tip section; lock up then undo  $\frac{1}{4}$  of a turn.

**2.9** Using a 4mm (5/32”) or 4.8mm (3/16”) Allen key, (depending on age of pole), tighten grub screw by  $\frac{1}{4}$  of a turn at a time (see Fig.11 - end stop is inside the end of mating part); test the sliding action with the mating section between each  $\frac{1}{4}$  turn until a nice smooth sliding action is achieved through the length of the tube.  
**Complete steps 2.8 – 2.11 each time adding the next section until pole is fully assembled.**  
**NOTE:** If end stops have not had much wear they may not need adjusting.



**2.10** Replace rubber bung - check again that the slide action is smooth for each section. Sliding motion air resistance should be felt, once the the bung has been replaced.

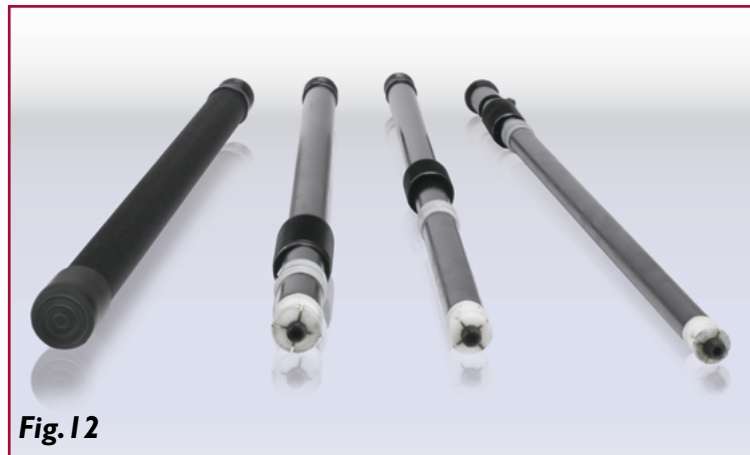
**2.11** If a section feels tight or gritty, remove, wipe clean and re-adjust grub screw in end stop.

### 3.0 ADJUSTING END STOPS TO REDUCE HANDLING NOISE

To carry out the service below we recommend customers use the Panamic Maintenance Kit (Part Code: 53-5850) which contains: Grease, Silicon Fluid and Allen Keys.

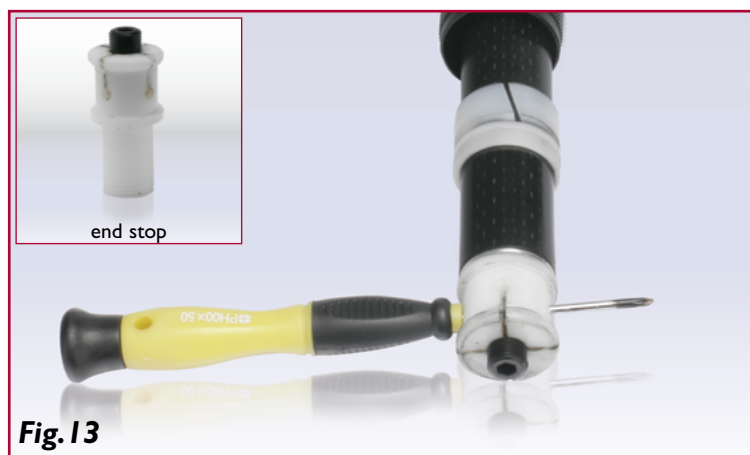
**3.1** Undo knurled thimble on each section and remove from mating section (see Fig.12). Remove the rubber bung from handle section.

**NOTE:** Rubber bungs on Panamic poles 53-5801 & 53-5802 unscrew. All other poles have pull off bungs.



**3.2** Remove end stops from the bottom of each section. To do this insert a small screw driver (or suitable tool) through the cross holes and unscrew (see Fig.13). Once the end stops have been removed, slide the knurled thimble, slotted bush and small shoulder bush to the top end of the pole to prevent them from sliding off the end.

**NOTE:** if the poles are old, the end stops can seize in the inserts and they will then need to be machined out prior to the new end stops being fitted. This is an operation that is best carried out by our skilled staff.



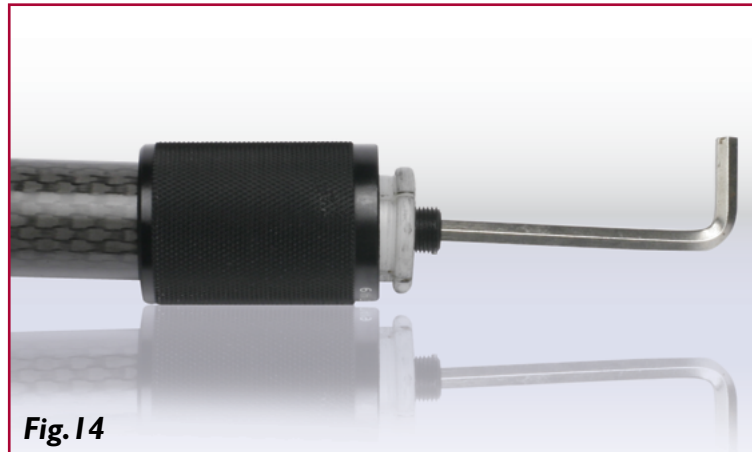
**3.3** Remove all grub screws from the bottom of end stops using a 4mm (5/32") Allen key. Put a small amount of grease on thread of grub screw and screw back into end stop about 1/2 of its length, leaving the rest for adjustment.

**3.4** Starting with the tip section replace end stop into the bottom of this section.

**3.5** Wipe a small amount of silicon fluid over tip section and slide into mating part. Put a small amount of grease on the thread end of mating section & screw together with thimble on tip section; lock up then undo 1/4 of a turn.

**3.6** Using a 4mm (5/32”) or 4.8mm (3/16”) Allen key, (depending on age of pole), tighten grub screw by ¼ of a turn at a time; test the sliding action with the mating section between each ¼ turn until a nice smooth sliding action is achieved throughout the length of the tube. (See *Fig.14* - the end stop is inside the end of the mating part).

**NOTE:** Do not make the sliding action too stiff as it will stiffen up more once the rubber bung is replaced.



**Fig.14**

**3.7** Continue by reassembling end stop into next consecutive section and following steps 3.5 & 3.6, until the whole pole has been reassembled.

**3.8** Replace rubber bung - check again that the slide action is smooth for each section.

**3.9** If a section feels tight or gritty readjustment maybe required - wipe clean and follow steps 3.5 & 3.6.